

a third cushioned layer provided in said metatarsus/heel transition area,
a fourth cushioned layer provided in said heel area, said fourth cushioned area defining a surface which is plateau-shaped and is raised with respect to said sole surface; and
a fifth cushioned layer provided in said plantar arch area, said fifth cushioned layer being in the shape of a sickle, wherein:

12 said first, second and third cushioned layers are located at support areas of said sole base body which positively affect a contraction of the musculature of the foot, serving
17 thereby to aid the venous outflow of blood;

said first, second and third cushioned layers are each divided into individual plateau-like fields, separated from but positioned next to each other in the transverse direction of said sole surface;

each cushioned layer defines a surface, which are each raised with respect to said sole surface;

said sole cover layer covering said surface of each cushioned layer and said sole surface; and

each cushioned layer is recessed in said sole base body.

Please replace claims 27 - 29 with the following new claims:

32. (New) The inner sole of a shoe, comprising:

a sole base body, defining a sole surface and having a forefoot joint area, a metatarsus/tarsus area, a metatarsus/heel transition area, a heel area, and a planar arch area;

a sole cover layer;

a first cushioned layer provided in said forefoot joint area;